

Staying active
helps me to
manage my
depression.
So I can't wait
to get to work in
the morning.

Christine, Laundry Assistant.



Employ ability.™

An initiative from the Department for Work and Pensions

This scenario is based on the typical experiences of disabled people and those with long-term health conditions. Don't miss out on the talent they have to offer. For employment advice and information visit dwp.gov.uk/employability